What's the best way to learn a language?



- Reading books about the language 5%
- Taking lessons from a Tutor 8%
- Watching clips on YouTube 5%
- Living in the country and culture where the language is spoken 70%
- Listening to music sung in the language
 2%
- Visualizing speaking the language 10%

Applying CATALYST Values

ESTHER AND HEGAI

Esther & Hegai

- 8. When the king's order and edict had been proclaimed, many young women were brought to the citadel of Susa and put under the care of Hegai. Esther also was taken to the king's palace and entrusted to Hegai, who had charge of the harem.
- 9. She pleased him and won his favor. Immediately he provided her with her beauty treatments and special food. He assigned to her seven female attendants selected from the king's palace and moved her and her attendants into the best place in the harem.



Esther & Hegai

- Before a young woman's turn came to go in to King Xerxes, she had to complete **twelve** months of beauty treatments prescribed for the women, **six** months with **oil of myrrh** and **six** with **perfumes and cosmetics.**
- 12 Government, Kingdom
- 6 humankind
- Oil of myrrh oil of death; death to self
- Perfumes + Cosmetics outward beauty



Esther & Hegai

- Esther, just like the other girls, was completely **immersed** in beauty treatments in preparation to meet the king
- Q. So how did Esther gain the upper hand if they all had the same opportunity?
- A. She **immersed** and **submitted** herself to Hegai's instructions
- *Hegai = Word, Meditation, Groaning

